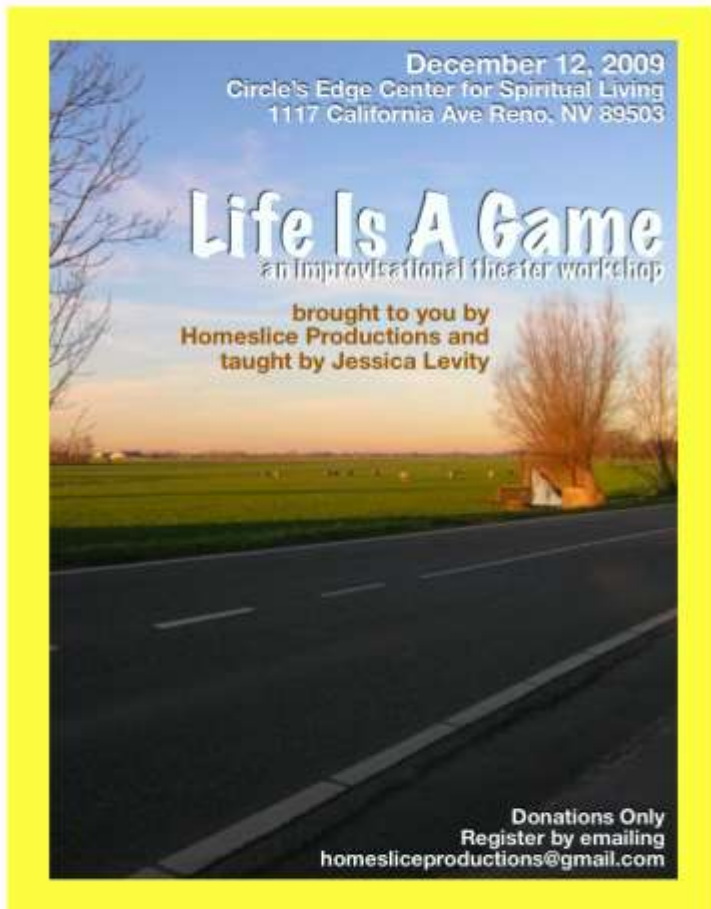


Life Is A Game

Why do we play games? To some extent the answer to that question depends on the type of game we're talking about. Certain games we play so that we can cathartically lose ourselves in them, like role playing games; other games, like poker, chess, scrabble, etc., we play to experience the excitement of what happens when you mix strategy with chance. Whatever the reason, we can say with certainty that the overarching reason of why people play games is for the sheer joy of playing.

When we agree to play a game, we exercise our free will because we agree to the rules of



the game before we begin playing. Games are supposed to be fun, and when we study the rules and use them properly, we not only excel in the game, but we also have a lot more fun.

It is possible that we all agreed to the rules of the Life game before we started playing. I am not referring to the board game, but rather to this organic one that we are living and breathing at all moments. When you think of Life as a game, you see that it is symbolically connected to all the other games we play; Life is as much a role-playing game as it is a game of chance and strategy. The more we intentionally challenge our character and take risks, the more we grow.

“Life Is A Game” is a workshop I created to help people explore their own comfort zones, attitudes, and the infinite possibilities of this Life Game through improvisational theater. It’s also guaranteed to be the most enjoyable 90 minutes of your week.

Life Is A Game begins December 12 at Circle’s Edge Center for Spiritual Living. For more info or to register, email us at www.homesliceproductions@gmail.com

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